

Program Schedule

Saturday (8/22/2009)

9:30 – 10:30 Registration

10:30: Flagging Ceremony (Fr. Thomas Mulavanal, KCCNA Spiritual Director)

10:30 am – 1:00 pm Sports and Games

(There will be sign-in sheets at the registration desk with the item and time.

Please prepare to put your or group name if you interested to participate)

Sports Schedule:

10:30 – 11:00: Track and Filed (100 Meter Running)

Girls (Age: under 7 yrs, 7-12 and 12 -17)

Boys (Age: under 7 yrs, 7-12 and 12 -17)

Ladies (Age 18 +)

Men (Age 18+)

11:00 – 11:30: Musical Chair

Kids under 12 years

Girls (Age 12 – 17)

Boys (Age 12 – 17)

Ladies (Age 18 +)

Men (Age 18 +)

11:30 – 12:00: Tug-of War (10 per team, each unit will have one team of each and you are allowed to borrow members only if you don't have enough from own unit)

Age under 15 years

Age 15 and up (Boys and Girls separate)

12:00 – 12:30: Lemon Races for Ladies

Age 7 -15

Age 15 +

12:00 – 1:00: Basket Ball (3 on 3)

12:00 – 1:00: Volleyball (Each unit is only allow to have one team each and you are allow to borrow members only if you don't have enough from own unit)

1:00 – 2:30: Lunch (Subway sandwich will be available for purchase, \$5.00 for meal)

2:30-3:30: Procession and the Opening ceremony

Welcome Speech: Mr. Mathew Vettuparappurathu, KCCSC President

(Messages from Congressman, Mr. Robin Elakkattu, KCCNA President, Fr. Mutholathu, RVP Simon Kottor)

3:30 – 6:30 Seminars and Meetings

3:30-5:00: Topic: **Career Advisement (Youth and Adults together)**

Lead by **Mr.Cyriac Poovathinkal**, San Diego.

1. Robin Elackatt (Houston): Talk about Public Service & some medical related Business too.
2. Smitha Vettuparappurathu (LA)/Sweetha Thengumthara (Bakersfield): Nurse Practitioners
3. Dr. Jean Chatham: MD (AZ)(Presented by Dr. Joseph Chatham)
4. Tobin Chettiyath (LA): Talk about Pharmacy career and difference between the above medical professions.
5. Tim Chatham (LA): MBA
6. Jolene John (San Jose): Lawyer

5:00 – 5:30: Adults (“Your Heart and Your Blood Pressure” Seminar by **Dr. Joseph Chatham** from Arizona)

5:30 – 6:00: Adults (Game “Interaction between couples” leading by **Mrs.Elizabeth Kottor** from Arizona)

6:00 – 6:30: Adults (“Cancer Screening and Early detection” Seminar by **Dr. Philip Chatham**, LA)

5:00 – 5:45: Youth : (“Leadership and Public Speaking” Seminar by **Mr. Robin Elackatt**)

5:45 – 6:30: Youth: (**Mr. Tony Pullappallil** ”Knanaya awareness”)

3:30 – 5:00: Kids: (Magic, clown and games)

5:00 – 5:30: Kids (“Knanaya History and awareness” Seminar by **Mr. Tony Pullappallil**)

5:30 – 6:00: Kids (Interactive games)

6:00 – 6:30: Kids (“ Catholic Believes” Show)

6:30- 7:30: Dinner

7:30 – 11:00: Cultural Programs

Sunday (8/23/2009)

8:30 – 9:30: Holy Mass

10:00 – 12:00: Group Discussion: Main Hall

Moderator: **Alex Tharayil & Tony Pullappallil**

Topic: Communication with teenagers & Knanaya family in US.

Group discussion that follows on this topic with some preset questions for each group.

12:00: Lunch with the leaders and updates from the leaders (Closing Ceremony)

(Mr. Joji Manalel (welcome), Fr.Abraham Mutholathu, Mr.George Nellamattam, Mr. Somon Kottor, Fr.Thomas Mulavanal, Fr.Jaimon Chennakuzhy, Robin Elackatt, Mr. Tony Pullappallil, Jason Chackalackal, Mr.Joy Mattathil, Mr.Mathew Vettuparappurathu, Mr.Sathosh Mathew, Mr. Stephen Mavelil (vote of thanks))

2:00 End